**Championnats de l’Essonne Masters - Triathlons Minimes**

**Dimanche 26 Mars 2017**

**LONGJUMEAU – Stade Frédéric Langrenay – Rue Léontine Sohier**

ENGAGEMENTS DES ATHLETES ET DES JUGES

**Au plus tard le 23 MARS 2017 avant minuit** SUR LE MODULE D’ENGAGEMENT DISPONIBLE sur [cd91.athle.com](http://cd91.athle.com/)

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|  |  |  |  | **POIDS** | **JAVELOT** | **DISQUE** | **MARTEAU** | **TRIPLE-SAUT** | **HAUTEUR** | **LONGUEUR** | **PERCHE** |
| **08 h 30** | Ouverture du secrétariat |  |  |  |  |  |  |  |  |  |
|  **09 h 30** | 5000m Marche 3000m Marche3000m Marche | Masters H (open)Masters F (Open)MIF - MIM |  |  | MIF (500g) |  | **Masters H et F**MIF (3kg)MIM (4kg) | MIF | MIF | MIM |  |
| **10 h 15** | 200m haies | MIF – MIM |  |  |  |  |  |  |  |  |  |
| **10 h 30** | 100m | MIF – MIM |  | **Masters H et F** |  |  |  |  |  |  |  |
| **11 h 00** | 100m | Masters H et F |  |  |  | MIM (1,250kg) |  |  |  |  |  |
| **11 h 15** |  |  |  |  |  |  |  | MIM |  |  |  |
| **11 h 30** |  |  |  |  | MIM (600g) |  |  |  | MIM | MIF (Grp 1) |  |
| **11 h 45** |  |  |  | MIF (3kg) |  |  |  |  |  |  |  |
| **12 h 00** | 100m Haies110m Haies100m Haies80m Haies | Masters FMasters HMIMMIF |  |  |  |  |  |  |  |  |  |
| **12 h 30** |  |  |  |  |  |  |  |  |  |  |  |
| **12 h 45** |  |  |  |  |  |  |  |  |  |  |  |
| **13 h 00** |  |  |  |  |  |  |  |  |  |  |  |
| **13 h 15** |  |  |  |  |  |  |  |  |  |  |  |
| **13 h 30** |  |  |  |  |  | MIF (800g) |  |  |  | MIF (Grp 2) |  |
| **13 h 45** |  |  |  |  |  |  |  |  |  |  |  |
| **14 h 00** | 50m | MIF – MIM |  | MIM (4kg) |  |  |  |  |  |  | MIF - MIM |
| **14 h 15** |  |  |  |  |  |  |  |  |  |  |  |
| **14 h 30** |  |  |  |  | **Masters H** | **Masters F** |  |  |  |  |  |
| **14 h 45** | 400m | Masters F et H |  |  |  |  |  |  |  |  |  |
| **15 h 00** | 200m | Masters H et F |  |  |  |  |  |  |  | **Masters H et F** |  |
| **15 h 15** | 1000m | MIF – MIM |  |  | **Masters F** | **Masters H** |  |  |  |  |  |
| **15 h 30** | 1500m | Masters H et F (open) |  |  |  |  |  |  |  |  |  |
| **15 h 45** |  |  |  |  |  |  |  |  | **Masters H et F** |  |  |
| **16 h 00** | 5000m | Masters H (open) |  |  |  |  |  |  |  |  |  |
| **16 h 15** |  |  |  |  |  |  |  |  |  |  |  |
| **16 h 30** | 3000m | Masters H et F (open) |  |  |  |  |  |  |  |  |  |
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 **Ces horaires sont donnés à titre indicatif. Ils seront tenus dans la mesure du possible et en fonction du jury présent**