**Championnats de l’ESSONNE INTERCLUBS - (Trophée Désirée et Gaston ROUSSEAU)**

**Dimanche 29 avril 2018**

**Stade Alain Fournier – Rue du Port aux Malades – Draveil**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Courses** |  | **Concours** | **Longueur** | **Triple Saut** | **Hauteur** | **Perche** | **Poids** | **Javelot** | **Disque****Montgeron** | **Marteau****Montgeron** |
|  |  |  | **9h 00** |  |  |  |  |  |  |  | F et M |
|  |  |  | **10h 15** |  |  |  |  |  |  | M |  |
| **11h 00** | 3000m Marche F |  | **11h 00** |  |  |  |  | **M** |  |  |  |
|  | (dossards) |  | **11h 15** |  |  |  |  |  |  | F |  |
| **11h 30** | 5000m Marche M |  | **11h 30** | M |  | F |  |  |  |  |  |
|  | (dossards) |  | **11h 40** |  |  |  |  |  |  |  |  |
|  |  |  | **11h 50** |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  | **12h 10** |  |  |  |  |  | **F** |  |  |
| **12h 15** | 400m Haies M |  |  |  |  |  |  |  |  |  |  |
|  | 400m Haies F |  |  |  |  |  |  |  |  |  |  |
| **12h 45** | 400m M |  | **12h 45** |  |  | M |  |  |  |  |  |
|  | 400m F |  | **12h 50** |  | F |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| **13h 10** | 800m M (dossards) |  |  |  |  |  |  |  |  |  |  |
|  | 800m F (dossards) |  | **13h 20** |  |  |  |  | **F** |  |  |  |
| **13h 40** | 200m M |  |  |  |  |  |  |  |  |  |  |
|  | 200m F |  |  |  |  |  |  |  |  |  |  |
|  |  |  | **14h 00** |  |  |  | M |  |  |  |  |
| **14h 10** | 1500m M (dossards) |  | **14h 10** |  | M |  |  |  |  |  |  |
|  | 1500m F (dossards) |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| **14h 35** | 110m Haies M |  |  |  |  |  |  |  |  |  |  |
|  | 100m Haies F |  |  |  |  |  |  |  |  |  |  |
| **15h 00** | 100m M |  | **14h 40** |  |  |  |  |  | **M** |  |  |
|  | 100m F |  | **15h 20** | F |  |  | F |  |  |  |  |
| **15h 25** | 3000m Steeple M (dossards) |  | **15h 25** |  |  |  |  |  |  |  |  |
|  | 3000m F (dossards) |  |  |  |  |  |  |  |  |  |  |
|  | 3000m M (dossards) |  |  |  |  |  |  |  |  |  |  |
| **16h 30** | 4 x 100m M |  |  |  |  |  |  |  |  |  |  |
|  | 4 x 100m F |  |  |  |  |  |  |  |  |  |  |
| **16h 50** | 4 x 400m M (dossards) |  |  |  |  |  |  |  |  |  |  |
|  | 4 x 400m F (dossards) |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| **Triple saut Masculins : Planche à 9, 11, 13m** |  |  |  |  |  |  |  |  |
| **Triple saut Féminines : Planche à 7, 9, 11m** |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| **Pour le saut en longueur, le triple saut et les lancers :** |  |  |  |  |  |  |  |
| **-         6 essais pour tous les concurrents si 12 équipes ou moins dans la compétition,** |  |  |  |
| **-         4 essais pour tous les concurrents si plus de 12 équipes dans la compétition.** |  |  |  |

8h 30 ouverture secrétariat Montgeron

9h 30 ouverture secrétariat Montgeron

10h 30 heure limite de confirmation d’équipe Draveil